



## Our New Audiologist and Hearing Therapist:

### Jo Farquhar

Jo has worked in Audiology since 1978. She is registered with the Health Professions Council as a Registered Hearing Aid Dispenser and holds dual registration with the Registration Council for Clinical Physiologists as both an Audiologist and a Hearing Therapist.

Having worked in the NHS, private and voluntary sectors she is able to offer a wealth of advice on hearing protection, hearing loss and tinnitus. Using the latest technology she offers independent advice on the most appropriate means of coping with hearing loss and tinnitus as well as appropriate options for noise protection for work and leisure.

Given her years of experience in the private sector Jo felt it was vital that anyone coming to her for advice must be able to receive completely independent advice so Moray Hearing Care is not part owned by any hearing aid manufacturer.

This ensures that the most appropriate system is always available.

Jo uses the consultation room in the pharmacy twice a month, usually on Wednesdays. She offers free hearing tests and advice on hearing problems. Wax removal is £25.

**Telephone the pharmacy on 01340 871 279 to make an appointment with Jo.**

## Flu Vaccinations will soon be available at the pharmacy

**Free vaccinations** for NHS employees and all carers (local authority, nursing home, etc) can be given at the pharmacy. Please bring along an ID badge or letter from your boss requesting that you are given the vaccination.

**Private flu vaccinations** (£20) are available for adults and children over the age of 3 years. (Children aged under 13 years who have not been vaccinated against Influenza before need a repeat vaccination after 4 to 6 weeks. The charge for a course of 2 vaccinations is £30.)

We also offer a **staff vaccination** service for local employers, with the company invoiced once all staff have been vaccinated. Vaccination against flu reduces the number of sick days taken. No appointment is required, so employees can attend at a time that suits them. Absolute confidentiality is, as always, maintained, so any medical history obtained during the consultation is NOT passed on to the employer. Please contact the pharmacy for more information.

## Appointments with Jo are available:

Wednesday afternoon **21/9/11**  
Wednesday morning **5/10/11**  
Wednesday morning **26/10/11**



### News for Stoma Patients

Karen and Jill have been on a course to learn more about the many products available for patients with ileostomies, colostomies and urostomies. We learnt how to cut bags and flanges to fit each patient's stoma exactly, and tried out the adhesive removers and barrier creams now on prescription.

Free disposal bags and wipes are supplied with every ostomy prescription, and products are dispensed ready to collect in discrete bags. The consultation room is available if you would like to ask the pharmacist for advice about any aspect of your stoma or medication. It would be helpful if you could phone ahead so we can order your products in for you (the pharmacy phone number is 01340 871279) but we do keep many products in stock.

### Dry clean your winter coats!

Feel as proud as punch for being super organized! Look out your winter clothes now and see which could do with a refresh at the dry cleaners.

Elgin Express Cleaners can also clean duvets, quilts and blankets.

The cleaners collect from the pharmacy every Tuesday and Thursday morning, and most items are returned on the next visit.

Call the Pharmacy:  
01340 871 279



### New: Pocket Nebuliser that runs on 2 AA batteries!

The Omron MicroAIR Pocket Nebuliser has a 4 hour battery life, works at all angles, even lying down, and has a simple one button operation. It is great for traveling, and packs away discretely so your home doesn't look like a hospital.

**RRP £139.19, special offer £89.99**

### Smoking is TOO Expensive!!

How does anybody afford to smoke? Do they offer bank loans to buy cigarettes?! They are so expensive now! If you would like a hand to stop smoking and save some pennies, do pop into the pharmacy at any time. No appointment is needed. If we are madly busy and you can't wait, please ask an assistant to give you a set of the NHS forms so you can fill in what you can. Bring these forms back to the pharmacy and it will save a bit of time. Stop smoking and start planning a fun Christmas!